Dear Parents / Caregivers,

Term 3 Week 10 16 September 2015

Dates to Remember

Term 3  Week 10  Newsletter Week
15/09/15  Student Banking
16/09/15  Early Stage 1/Stages 1 Sports Day, Stage 2 & Stage 3 Public Speaking, Starting School Group
17/09/15  Last Day of Term, Ethics/Scripture Classes, Stage Assemblies, Peer Support

Term 4  Week 1  Swim School
05/10/15  Labor Day Public Holiday
06/10/15  Welcome Back Students and Staff, Student Banking
07/10/15  Starting School Group
08/10/15  Stage 3 Uni Sport
09/10/15  Ethics/Scripture Classes, WSU Pre-School Visit, Stage Assemblies

Term 4  Week 2  Swim School  Newsletter Week
13/10/15  Student Banking
14/10/15  Early Stage 1 Incursion
15/10/15  Stage 3 Uni Sport, Penrith Valley Public Speaking Competition, Western Sydney University First Foot Forward Family Night
16/10/15  Ethics/Scripture Classes, Stage Assemblies

Important Information for Parents

Thank you to the students and staff for all their hard work this term. Term 4 commences for both students and staff on Tuesday 6 October. I hope you all have an enjoyable holiday.

Breaking the Silence Schools Program
Kingswood Public School is taking part in the Breaking the Silence Schools Program for the first time this year. The focus of the program in the primary years is respectful relationships. As part of this program we will mark White Ribbon Day on Wednesday 25 November with students involved in activities on the day including a talk by a White Ribbon Ambassador. Mrs Di Giglio is coordinating this program. More information will be available about the program and this day next term and on the website www.whiteribbon.org.au

Tea Towel Fundraiser
As part of our fundraising efforts for this term our school is running a group tea towel project. Please see the flyer in this newsletter for information and order forms will be sent home early
next term. We hope you will support our fundraiser by buying a tea towel (or a few for family and friends) to have as a keepsake.

**SunSmart Schools Program**
Kingswood Public School has officially been recognised as a SunSmart school. Attached to this newsletter is our Sun Safe Policy. Please take the time to read the policy and talk to your child/children about the importance of keeping safe in the sun especially as we are coming into the summer months. The school continues to have a ‘no hat, no play policy. Please ensure that your child/children wear their school broad brim hat each school day.

**Absence Notification Through Skoolbag App**
Thank you to the many parents and carers who are promptly advising their children’s absences through the Skoolbag App. We are having some issues with the “Away Start Date” and the “Away Finish Date” notifications.

If your child is away for one day the “Away Start Date” and the “Away Finish Date” will be the same date. Some notifications are putting the finish date as the following date which means your child is recorded as being away on consecutive days. Please make sure the correct dates are entered for absence notifications.

**New NSW K-10 Syllabuses**
Since 2014 all NSW schools have been part of the staged implementation of the new NSW K-10 syllabuses. These syllabuses are based on the new Australian Curriculum for English, Mathematics, Science and History. Each of these learning areas includes content statements that represent essential learning for all Australian students.

In NSW the Board of Studies Teaching and Educational Standards NSW (BOSTES) has further developed the NSW syllabuses to include Australian curriculum content and more detail that clarifies learning. As a result, Kindergarten to Year 10 syllabuses provide direction to ensure greater consistency between NSW schools.

The new syllabuses build on the strength of the existing NSW curriculum. Many features of the new K-10 English, Mathematics, Science (incorporating Science and Technology K-6) and History syllabuses are retained. Literacy and numeracy remain important areas of focus in K-6 where essential foundation skills are developed.

The syllabuses identify the knowledge, understanding, skills, values and attitudes that students are expected to develop in each learning area. They are designed to provide flexibility for teachers to develop their teaching and learning programs to meet the needs of their students.

In addition to subject based content, all syllabuses address important contemporary themes and general capabilities as students prepare to live and work successfully in the 21st century. These include Australian curriculum cross-curriculum priorities and general capabilities and other learning across the curriculum areas.

At Kingswood Public School all teachers are teaching the new NSW English, Mathematics and Science and Technology syllabuses. This year the teachers are also working with new History syllabus for full implementation next year. The new Geography syllabus will follow after the implementation of the History syllabus.

The Department of Education is currently reviewing the way we report to parents. Reports will change to reflect the requirement of the policy standards for NSW schools. You will notice changes to our Semester 2 report. Please note that these changes are ongoing and will fully reflect the reporting requirements once this has been decided by the Department of Education. Further information for parents can be found on the parent page on the BOSTES website [http://www.boardofstudies.nsw.edu.au/parents](http://www.boardofstudies.nsw.edu.au/parents)
Starting School Group
Our Starting School Group began on Wednesday 22 July (Week 2 Term 3) in the Old Hall commencing at 9:15 till 11:00 and continuing every Wednesday morning in Terms 3 and 4. This playgroup is for children starting school in 2016 and is FREE to attend. Parents stay with their child during the playgroup and younger siblings are also welcome. Please see the attached flyer for more information.

Woolworths Earn & Learn Program
Thank you to everyone who returned stickers to enable us to purchase much needed equipment through the Woolworths Earn & Learn Program. We would like to thank Woolworths Ltd for their generosity and we look forward to using our purchases in the classrooms.

New Attendance Policy
The Department of Education and Communities has released a new Attendance Policy. This policy highlights the importance of students attending each school day. Students who are frequently absent or are late for school miss vital learning experiences that may affect their educational, social and emotional wellbeing.

All parents have a responsibility to ensure that children attend school each day and to notify the school as soon as possible if their child is away. If your child is absent parents are required to provide the school with an absence note explaining why they were away. If your child is absent for 2 days or more (without notification from parents) the school will contact you to find out why they are absent and why the school was not notified. If your child is absent due to illness the school can request a medical certificate from the doctor. Please ensure that a written letter or notification through the Skoolbag app is provided upon your child’s return to school.

Schools have a legal requirement to record student attendance. A significant change to the policy is the expectation that students who travel within Australia or overseas for a holiday do so during school holidays.

If students are going on holidays during school time an Application for Extended Leave – Travel must be completed by parents before travelling with copies of the itinerary attached. This absence will now be counted towards a student’s total absence and be recorded on your child’s Semester reports. Please consider the impact on your child’s learning before taking leave during school time. The Application for Extended Leave – Travel is available from the office. A Certificate of Extended Leave – Travel will be issued if the leave is approved. Please note that parents are responsible for supervision of children whilst on extended leave.

Letters are being issued to students who have been arriving early to school. Please note that supervision of students does not commence before 8:30am in the morning. Out of hours care is now available in our New Hall. If you require this service please contact Cubbyhouse on 1300 553 583.

Keeping Our Students Safe – Road Safety
Flashing lights have been installed at the front of the school to remind drivers to slow down to 40km in the school zone during school days. We are also very fortunate to have two Crossing ladies who assist in getting our students across the road safely.

Please take extra care when dropping off and picking up your child/children at the start and end of the day. It only takes a split second for a tragedy to occur. Please obey the traffic rules when parking and use the crossing.

Please also teach your child/children the importance of using the crossing and not walking through the staff car park which is out of bounds to all students at all times. We need to lead by example and work together to keep our students safe.
Skoolbag App
The app is free and is available to iPhone, iPad and Android users. Some of the key features of the Skoolbag app include push notifications, email, newsletters and GPS Directional Mapping. As the newsletter is now available on the app, we will no longer be sending hard copies home. A limited number of hard copies will be available at the office and the newsletter can also be accessed on the schools website.

There has been a recent software upgrade so please check if you have the latest version of Skoolbag App.

Cubbyhouse Out of School Hours Care Service
Cubbyhouse offers an out of hours school care service in the New Hall each school day. Please contact Cubbyhouse directly for more information and to enrol your child/children on 1300 553 583.

Communicating with Staff
If you have any issues or concerns in regards to your child’s schooling and wish to speak to your child’s class teacher or the Assistant Principals supervising the Stage or myself, please contact the office to make an appointment time. Please speak to the class teacher before speaking to the Assistant Principal or myself as we will refer you to the class teacher if you have not already spoken to them.

Please be aware that teachers are extremely busy during the school day and may be attending meetings before or after school. It is really difficult to get a class settled in the morning if there are parents trying to speak to the teacher.

Excursion Notes
Please note we do not accept hand written notes or verbal permission for excursion or other school events. A school permission note for each child must be completed for every excursion and or special event.

Early Arrivals
Please be aware the morning duty begins at 8:30am. Students are not supervised before this time. Please do not send your children to school before this time. If children need to be dropped off early, please organise before school care. Cubbyhouse OSHC can be contacted on 1300 553 583.

Running Late?
Please pick up your children promptly at 3pm if you collect them from school. If you are running late or have been delayed, please notify the school as soon as possible. Many children become distressed when parents are not there to pick them up at the end of the day. Children can be picked up from the office.

Are Your Contact Details Current?
Please let the office know in person or in writing if your contact details have changed including emergency contact details. If your child is sick or we need to contact you for any reason, it can be really difficult if the numbers are not current.

Out of Hours After School Care Services off the School Site
If your child attends an After Care Service off the school site please contact the Centre directly if your child is not attending on the day. Some parents decide to pick their children up or vary their after school arrangements without notifying the After School Care Centre or our office. Executive staff are then required to spend a lot of time trying to find these ‘missing’ students. Your support in this matter would be greatly appreciated.
Lost Property/Clothing Pool
Each term we have lots of lost property. Please label your child’s hats, bags, jumpers, lunch boxes and drink bottles. Lost property is located in the brick building closest to the entrance and exit gate. Due to hygiene issues, lost lunch boxes and drink bottles without names will be disposed of.

The P&C operates the Clothing Pool each Tuesday from 8:45am until just after 9:00am in the brick building located nearest to the front entrance of the school. Items can be purchased for a gold coin donation.

Medical Conditions
If your child/children have any medical conditions that the school should be made aware of such as Anaphylaxis or Asthma please contact the school office immediately and provide them with their health care plan if you have not already done so.

Anaphylaxis
An increasing number of our students are being diagnosed with Anaphylaxis. Anaphylaxis is the most severe form of allergic reaction and is potentially life threatening. It must be treated as a medical emergency, requiring immediate treatment and urgent medical attention.

Anaphylaxis is a generalised allergic reaction, which often involves more than one body system (eg. skin, respiratory, gastro-intestinal, cardio vascular). A severe allergic reaction usually occurs within 20 minutes of exposure to the trigger and can rapidly become life threatening.

Common triggers include food such as peanuts, tree nuts, sesame, milk, eggs, fish, crustaceans and soy are the most common food triggers, which cause 90% of allergic reactions. It is important to understand that even trace amounts of foods can cause a life-threatening reaction. Other triggers include insect stings, medication or such things as latex.

We ask for your support and request that all students do not bring to school any nut products or foods that contain traces of nuts. This includes birthday cakes, cupcakes, doughnuts and lollies.

If you would like more information about Anaphylaxis or have a child who has this condition and you have not notified the school, please contact the office immediately.

Early Stage 1 & Stage 1 Students – Change of Clothes
If your child is in Early Stage 1 or Stage 1 could you please ensure that you have a change of underpants and track pants/shorts in your child’s bag in case of a toileting accident or wet weather. We have a very limited supply available at school and we would appreciate your support in this matter.

Voluntary Contribution
Each year families are asked to pay a voluntary contribution. The voluntary contribution is $40 per child or $70 per family. Thank you to those families who have already paid their contribution. Your support is appreciated.

Mobile Phones and Electronic Devices
We discourage students from bringing mobile phones to school unless they are in the Opportunity Classes and they are travelling from another area to the school. Mobile phones must be handed in to the office each morning turned off and picked up at the end of the day. If you need to get a message to your child/children please contact the office.

Electronic devices are not to be brought to school. Please note that the school takes no responsibility if a student brings an electronic device to school and if an electronic device is lost or stolen.
**Bikes and Scooters**
Students are able to ride their bikes and scooters to school. These must be chained to the bike rack during the school day. A helmet must be worn at all times that the student is riding his or her bike or scooter to and from school. The school takes no responsibility for bikes or scooters brought to school.

**Keeping Our Students Safe**
Help us to keep our students safe by not walking your children through the car park or driving into the car park. **The car park is for staff parking and deliveries only.** The car park is out of bounds to all students at all times.

Please be aware that Traffic Rangers will be patrolling outside the school both in the mornings and afternoons issuing infringement notices for traffic violations.

**Dogs in the School Grounds**
The *Companion Animals Act 1998 – Sect 14* states that **dogs are prohibited from school grounds.** Please do not bring your dogs into the school grounds as many students are frightened of dogs and we are trying to keep all students safe.

**School Website**
The school has a fabulous website that parents can access for further information about the school including permission notes and the school newsletter. Thank you to Mrs Hall and Mrs Proud who maintains the website. The website address is [http://www.kingswood-p.schools.nsw.edu.au](http://www.kingswood-p.schools.nsw.edu.au)

**P&C - Making a Vital Contribution to Our School**
The next P&C Meeting will be held on **Tuesday 27 October 2015** at 2:00 in the staffroom. All parents and carers are most welcome to attend.

Norma Petrocco
Principal

**Commonwealth Bank School Banking Update**
Concerns have been raised regarding the ‘Cosmic Light Beam Torch’ reward item due to the inclusion of four button batteries that can be accessed by unscrewing the back of the torch.

Whilst this reward has been independently tested and deemed to meet relevant product standards the Commonwealth Bank have made the decision to proactively withdraw this item from the School Banking Rewards Program.

Parents/Guardians are requested to dispose of any ‘Cosmic Light Beam Torches’ their child may have already received as part of the Rewards Program. Students who have previously received a ‘Cosmic Light Beam Torch’ are welcome to redeem an alternative reward item.

The upcoming “Lunar Light Beam” has now also been withdrawn due to any potential safety issue and an alternative “Galaxy Glider” will be offered from Term 4. Please see the Commonwealth Bank notice later in the newsletter.

The Commonwealth Bank apologises for any inconvenience and disappointment caused.

**Stewart House Clothing Appeal**
Stewart House are having a Clothing Appeal and the collection date for our school is 9 November. Bags are being sent home that can be filled with any clean clothes that you or your children may have outgrown or no longer want.

Filled bags can be left in the foyer of the library on Monday 9th November before 9am. Please do not return bags before this date as it can be hard to store them at school.
Thank you for your support of this worthy cause.

Mrs Hall

**Sun Safety Presentation**

As Ms Petrocco mentioned, Kingswood Public School is now a Sun Safe School. To extend on our current teaching and learning programs from the PD/H/PE syllabus we will be having a guest speaker from the Melanoma Institute Australia to speak to the students about the importance of Sun Safety.

Mr Jay Allen was diagnosed with a Stage III Melanoma just over 6 years ago. Since then he has worked with the Melanoma Institute to raise awareness of Melanoma, the importance of regular skin checks and the prevention of skin cancer by protecting yourself from the sun.

Mr Allen will be visiting our school on Wednesday 28 October. If you have any questions or concerns about your child’s participation in the presentation please contact me.

Mrs Belinda Clarke
Assistant Principal

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**Commonwealth Bank School Banking Update – Please Read**

Following the decision last month to recall the *Cosmic Light Beam Torch* due to a potential safety issue, a decision has been made to also withdraw the upcoming *Lunar Light Band* reward from the School Banking Rewards Program.

To avoid disappointment there is a new reward item available for redemption in Term 4 while stocks last. Students can now test their skills with a game of frisbee with the new *Galaxy Glider*!

Once students have collected 10 tokens, they can simply include a note, along with their 10 tokens in their deposit wallet on banking day to advise that they would like to redeem their tokens for the Galaxy Glider reward item.

Don’t forget the Outer Space Savers Money Box is also available in Term 4.

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**Voluntary Contributions 2015**

Child’s Name/Names: ______________________________________________

Class/es: _____

Enclosed (please tick):

- [ ] $40 per child (one child in family)
- [ ] $70 per family (2 or more children)

Signed: _________________________    Date: _____________
Dear Parent / Carer,

As part of our fundraising efforts for this term, our school is running a group tea towel project.

The unique tea towel design will be made up of individual portraits created by all our children and staff. The children’s pictures and names will be arranged together as a commemorative design for the whole school, then screen printed in green onto high quality white tea towels (50x70cm).

We chose tea towels because the project involves the children, provides a wonderful keepsake and makes a meaningful gift for parents, relatives and special friends. The tea towels look amazing, are so easy to post and make a fabulous reminder of your child’s early years. There is a sample tea towel hanging in the office to view.

Tea towels cost $12 for one limited edition tea towel. Tea towel order forms will be sent out early next term.

Make sure you don’t miss out! Preserve your child’s artwork and remember friends and teachers forever!

Mrs Sheree Parkin  
Co-ordinator

Ms Norma Petrocco  
Principal

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**VACATION CARE PROGRAM**

**CARE FOR 5 - 12 YEAR OLDS ENROLLED AT PRIMARY SCHOOL**

Commencement date for Vacation Care:
21 September to 2 October 2015

Care available at Kindara, Barambah Park, Yooma, Grays Lane, Tandara, Emu Village and Gumbira.

PLEASE NOTE THAT MONDAY 5 OCTOBER 2015 IS A PUBLIC HOLIDAY AND OUR CENTRES WILL BE CLOSED.

PRE-PAYMENT IS REQUIRED TO SECURE YOUR BOOKING.

Please phone Children’s Services Centre on 4732 7044 to book.

CHILDREN’S SERVICES  
PENRITH CITY COUNCIL  
penrithcity.nsw.gov.au
SUN SAFE POLICY – KINGSWOOD PUBLIC SCHOOL

At Kingswood Public School we implement sun safe practices for students and staff through the following strategies.

1. **Scheduling outdoor activities**
   - Where possible we schedule outdoor activities outside the peak UV times of 10am-2pm (11am-3pm daylight saving time), in the shade or indoors. This includes assemblies, PE lessons and school sport.
   - We consider sun protection when planning outdoor activities, including excursions, sport and carnivals.
   - We review class timetables to minimize outdoor activity during peak UV times.

2. **Shade**
   - We are committed to providing a variety of shade in all areas where students congregate. This includes trees, built and portable shade in areas for recess, lunch, outdoor teaching and sport.
   - We encourage students to use available shade when outside.
   - We conduct shade assessments to determine future shade needs.
   - We consider shade or indoor options for all outdoor activities and excursions.

3. **Hats**
   - We encourage students to wear sun-safe hats that protect the face, neck and ears when outside for play, sport and teaching. We include sun-safe hats (broad brimmed) in our school uniform.
   - Baseball caps are not to be worn.
   - We use age and developmentally appropriate sun-safe strategies such as "No hat, play in the shade".

4. **Clothing**
   - We ask students to wear a school uniform which are effective in minimizing exposure to ultraviolet radiation, including shirts with collars or covered necklines and sleeves, shorts, culottes, pants or shorts.
   - We encourage the use of rash vests or t-shirts for outdoor swimming.

5. **Sunscreen**
   - We encourage the use of sunscreen that is at least SPF30+ broad-spectrum and water-resistant for all school activities and events.
   - We encourage students to apply sunscreen before going outdoors and to reapply sunscreen every 2 hours when outdoors for extended periods.

6. **Role modelling of staff**
   - We ask staff to role model good sun protection behaviours when outside, including:
     - Wearing sun-safe hats, clothing and sunglasses.
     - Applying at least SPF30+ broad-spectrum water-resistant sunscreen.
7. Curriculum
- We teach sun safety across Key Learning Areas in all year levels.
- Students understand why sun safety is important and learn how to take effective sun protection actions.

8. Informing the school community
- We communicate sun protection information through a range of channels, e.g., our annual report, newsletters, notice boards, online, parent meetings, staff meetings, school assemblies and student orientation.
- We encourage families and visitors to role model sun protection measures when attending outdoor activities.

9. Review
- The school community will regularly monitor and review the effectiveness of the Sun Protection Policy by referring to DEC’s Sun Safety for Students Guidelines, Checklist and Action Plan.
- We will update the school’s Sun Protection Policy in line with the SunSmart recommendations and send to Cancer Council NSW every three years.

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**WESTERN SYDNEY UNIVERSITY**  
**SCHOOL OF COMPUTING, ENGINEERING AND MATHEMATICS**  
**PENRITH OBSERVATORY**

**SCHOOL HOLIDAY EVENTS**

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<th>Event Date</th>
<th>Event Details</th>
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| Thursday 24 September  
10 am – 12 noon  | School Holiday Hands-on Science Program  
ROCKET WORKSHOP: Lots of fun for kids of all ages. Make and launch your own paper rocket and watch water rockets being launched. The program will also include a short presentation, a 3D astronomy movie and a detailed viewing of the sun through the telescopes (weather permitting).  
Cost $15 child/adult |          |
| Saturday 26 September  
7 pm – 10 pm  | Astronomy Night  
CHECKING OUT OUR NEIGHBOURS: A close-up look at our solar system with some of the latest news about Pluto. The evening will also include a 3D astronomy movie, a tour of the dome area and an opportunity to view the night sky through the observatory's telescopes |          |
| Thursday 1 October  
10 am – 12 noon  | School Holiday Hands-on Science Program  
ROCKET WORKSHOP: Lots of fun for kids of all ages. Make and launch your own paper rocket and watch water rockets being launched. The program will also include a short presentation, a 3D astronomy movie and a detailed viewing of the sun through the telescopes (weather permitting).  
Cost $15 |          |
| Saturday 3 October  
7 pm – 9 pm  | Astronomy Night  
THE LIVES OF STARS: How do stars form and what happens when they die? The night will include a 3D astronomy movie, a tour of the dome area and an opportunity to view the night sky through the observatory's telescopes.  
Cost: Astronomy Nights: $16 adult, $12 child/concession and $50  
Workshops: $15 per child/adult |          |

**Bookings are essential:**  
Book and pay online: [observatory.westernsydney.edu.au/bookings](observatory.westernsydney.edu.au/bookings)  
What’s On  
Tel: (02) 4736 0135  
Email: penrithobservatory@westernsydney.edu.au  
[observatory.westernsydney.edu.au](observatory.westernsydney.edu.au)  
[www.facebook.com/UWSOobservatory](www.facebook.com/UWSOobservatory)  
[www.twitter.com/observatory](www.twitter.com/observatory)
ABEL SCHOOLWEAR

Abel Schoolwear has advised that they are experiencing ongoing problems with their telephone and fax lines since their relocation to Unit 1, 5 Coombes Drive Penrith due to problems with the NBNCo.

Calls are currently being diverted to mobile phones and they are trying their best to answer all calls.

Please contact Abel Schoolwear via email: abelschoolwear@bigpond.com.au

Abel Schoolwear apologises for any inconvenience as it may be mid to late June before the problems can be fixed by Telstra.

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Kingswood Public School
Starting School Group

Kingswood Public School has announced the start of their Starting School Group. The group will be held every Wednesday morning during School Terms 3 and 4, from 9.15 am to 11.00 am.

- **Stories & Games**: Engaging children with tales and creative stories.
- **Art & Music**: Creative activities through painting and music lessons.
- **Group Activities**: Collaborative learning experiences.
- **Visits to a Classroom**: Excursions to a real classroom setting.
- **Healthy Snacks**: Promoting healthy eating habits.

**Group Leader**: Block

**Contact Information**: Call the school or Lisa Jackson on 0423 720 492 for more information.

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FAMILY FUN DAY

FAMILY FUN DAY is an event organized by NEW PARLIAMENT PRESENTS. It is scheduled for 2nd October 2015, with a focus on providing a look at Australia's First and Oldest Parliament House.

**NO NEED TO BOOK**
ALL WELCOME!
10:00 AM - 3:00 PM
MACQUARIE ST, SYDNEY
WWW.PARLIAMENT.NSW.GOV.AU
ENQUIRIES: 02 9233 2047

**FUN ACTIVITIES**
- **MUSEUM AND DRESS-UP OPPORTUNITIES**
- **HISTORY IN THE LEGISLATION ROOMS**
- **MYSTERY SLOUCH GUESSING COMPETITION**
- **SUNDAY STORIES (BURLINGTON CHAMBER)**
- **KIDS WRITING CHALLENGE**
- **ART AND OTHER DISPLAYS**

**FREE ENTRY**
# Canteen Menu 2015

## Sandwiches
- Egg or Egg & Lettuce (G, V, H) $2.00
- Ham or Devon or Chicken Salad add 80c (G, N) $2.70
- Tuna Salad add 80c (G, H) $2.70
- Salad (G, H) $2.80
- Vegemite or Jam or Honey or Cheese $1.70

## Wraps
- Cheese Rocket - Melted Cheese (G) $2.00
- Pizza Rocket - Ham or Chicken, Cheese & Pizza Sauce (G) $2.80
- Kids Chicken Schnitzel & Lettuce Wrap (G, H) $2.80
- Caesar Wrap with Lettuce & Mayo Add Chicken $1 (G) $3.20
- Salad Wrap Add Chicken $1 (G, H) $3.40
- Chicken Breast Schnitzel Wrap Lettuce & Mayo (G, H) $4.00
- Hawaiian Wrap Chicken, Lett, P/apple, Mayo (G, H) $4.20
- Sweet Chili Wrap Chicken Tenders, Lett, Mayo (A, H) $4.00

## Salad Bowls
- Coleslaw or Garden or Greek Salad Add Chicken $1 (G, V) $3.50
- Salad Bowl Chicken, Ham, Egg, Tuna or Cheese (G, V) $4.50

## Burgers
- Fish Fillet Burger Lettuce, Mayo (G, H) $3.60
- Chicken Burger 100% Breast, Lettuce, Mayo (A, H) $3.60
- Hamburger Gourmet Beef, Tomato, Lettuce, BBQ Sauce (G, H) $3.60
- Cheeseburger Cheese, Tomato Sauce (A, H) $3.60

## Hot Favourites
- Garlic Bread Large Roll (G, H, V) $2.00
- Fish Finger (G, H) $0.70
- Corn Cob (G, H, V) $1.00
- Cup of Noodles Chicken or Beef (G, H) $2.60
- Hot Dog with All Meat - Not Pork (A, H) $2.60
- Chicken Nuggets Premium Breast (A, H) $0.70
- Popcorn Chicken Premium Breast (A, H) $3.00
- Hash Brown (A, H, V) $1.00
- Potato Wedges With Sauce (A, H, V) $2.00
- Cheese & Bacon Roll (A) $2.00
- Mini Spring Rolls Vegetarian (A, H, V) $0.70
- Nachos & Cheese Sauce & Cheese (A, H, V) $3.50
- Hot Chips x2 with May Hir (A, H, V) $3.00

## Pizza & Pasta
- Lasagna (Beef or Vegetarian) (G, H) $3.50
- Spaghetti Bolognese (G, H) $3.50
- Macaroni & Cheese (G, H, V) $3.80
- Butter Chicken & Rice (G, H, V) $3.50
- Fried Rice (G, H, V) $3.50
- Pizza Hawaiian OR Bacon & Cheese (A) $2.60
- Pizza Slab Margherita (A) $3.80

## Fresh Fruits
- Apple, Orange, Banana, Watermelon (G, V) $0.90
- Fruit Salad Cup (G, V) $1.50
- Grapes in a Cup (G, V) $1.60
- Fruit Salad Bowl Large (G, V) $3.80

## Snacks
- Fruit Nuggets 66% Fruit Gluten Free (V) $0.60
- Jelly Cup Add Fruit 50c (G, H) $1.00
- Popcorn Fresh & Hot (G, H) $1.00
- Yoghurt Vanilla (G, H) $2.00
- Bread Sticks Pizza Flavour (A) $0.20
- Yoghurt Filled Strawberry Bars (A) $0.30
- JJ'S Chicken Crackers (A) $1.00
- Brownie (A, H) $1.00
- Mamee Noodles (A, H) $1.00
- Jumpys (A, H) $1.20
- Red Rock Chips Honey Soy (A, H) $1.50

## Milk Drinks
- 300ml Choc / Strawvbr / Vanilla Oak fresh (G, H) $2.20
- 600ml Choc / Strawvbr / Vanilla Oak fresh (G, H) $3.50
- Up & Go Choc / Strawvbr / Vanilla Breakfast Drink (G, H) $2.50
- Hot Chocolate (A, H) $1.50

## Cold Drinks
- Poppers 100% Juice 200ml (G, H) $1.50
- Water 350ml (A, H) $1.20
- Water 600ml (G, H) $1.60
- Orchy 350ml Fresh Juice Apple or Orange (G, H) $2.20
- Appleiser 250ml Sparkle Apple Juice 99% (G, H) $2.20
- Diet Lemonade No Artificial Colours or Flavours 100ml (A, H) $1.50
- Quench Flavoured Mineral Water 350ml (A, H) $2.20
- Slushie 200ml (A, H) $1.50
- Slushie 285ml (A, H) $1.50
- Glee 250ml Assorted Flavours Sparkling Juice (A) $2.20

## Ice Blocks
- Frozen Fruit Yoghurt (G, H) $2.50
- Jelly Sticks (A) $0.20
- Fruittee Ice (A) $0.50
- Zooper Dooper (A, H) $0.80
- Sour Snap Apart (A) $1.00
- Ice Mony (A) $1.20
- Paddle Pops (A, H) $1.60
- PIE & SAUSAGE ROLL Low Fat
  - Party Pie (A, H) $1.00
  - Sausage Roll (A, H) $2.70
  - Meat Pie Traveller (A, H) $3.60
  - Potato Pie (A, H) $3.80

## Crunch & Sip Special
- Order Before School
  - Apple, Orange or Banana + Bottled Water 350ml (G, N, V) $1.80

## Extras
- 20c Cheese Tomato Beetroot Cucumber Carrot 40c Pineapple

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**Monday**

**Steamed Dumplings**
- **Prawn** (4 per serve) $4.00

**Tuesday**

**Sushi Rolls**
- **Tuna or Chicken or Veg** $3 Regular $5 Large

**Wednesday**

**Hokkien Noodles**
- **Chicken & Carrot** $3.80

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**(G) Green - (A) Amber - (V) Vegetarian - (H) Halal**