Dear Parents / Caregivers,

Term 2 Week 8 10 June 2015

Dates to Remember

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**Important Information for Parents**

Parents will shortly receive their child/children’s contact and medical details printout. Please make any changes to the sheet provided in red pen and return it to your child’s teacher by the specified date. This is to ensure we have the most up to date information in case of any emergency.

**Interrelate**

Kingswood Learning Community will be hosting Interrelate next week. It will be held at Claremont Meadows Public School and families with students in Years 3 to 6 from Kingswood PS are invited to attend. The Interrelate sessions will be held on the evening of **Tuesday 16 June 2015**.
The following sessions are being offered:
Session 1: Where did I come from? 1 hour session Years 3 – 6
Session 2: Preparing for puberty. 1 hour session Years 5 – 6 (Years 3 – 4 can attend at a parent’s discretion)
Cost: 1 session $25 per family 2 sessions $30 per family

More information is available on the flyer attached. If you would like to attend please complete the form attached with the correct money in an envelope with your child’s name and class to the school office money slot by Friday 12 June.

P&C Kingswood Café
On Tuesday 16 June the inaugural Kingswood Café will open from 2:00-3:00 in the Old Hall. All parents, family and friends are welcome to come along and enjoy coffee or tea and cupcakes. The café will be held once a month and all monies raised will go towards the purchase of LED Displays (Interactive Whiteboards). Please see the flyer in this newsletter for further information.

Thank you to the P&C, who with the school, purchased two more LED Displays (Interactive Whiteboards) which went into one of our Early Stage 1 and Stage 2 classrooms.

Debating
Congratulations to our newly formed Kingswood Public School Debating Team who won their first debate against Penrith South Public School last Thursday. Well done to Kirsty (S3F), Ana (S3D), J D (S3D) and Mahd (S3T). You have done us proud! Thank you to Mrs Fahey for working with our students and organising the debate.

Starting School Group
Our Starting School Group will begin on Wednesday 22 July (Week 1 Term 3) in the Old Hall commencing at 9:15 till 11:00 and continuing every Wednesday morning in Terms 3 and 4. This playgroup is for children starting school in 2016 and is FREE to attend. Parents stay with their child during the playgroup and younger siblings are also welcome. Please see the attached flyer for more information.

New Attendance Policy
The Department of Education and Communities has released a new Attendance Policy. This policy highlights the importance of students attending each school day. Students who are frequently absent or are late for school miss vital learning experiences that may affect their educational, social and emotional wellbeing.

All parents have a responsibility to ensure that children attend school each day and to notify the school as soon as possible if their child is away. If your child is absent parents are required to provide the school with an absence note explaining why they were away. If your child is absent for 2 days or more (without notification from parents) the school will contact you to find out why they are absent and why the school was not notified. If your child is absent due to illness the school can request a medical certificate from the doctor. Please ensure that a written letter or notification through the Skoolbag app is provided upon your child’s return to school.

Schools have a legal requirement to record student attendance. A significant change to the policy is the expectation that students who travel within Australia or overseas for a holiday do so during school holidays. If students are going on holidays during school time an Application for Extended Leave – Travel must be completed by parents before travelling with copies of the itinerary attached. This absence will now be counted towards a student’s total absence and be recorded on your child’s Semester reports. Please consider the impact on your child’s learning before taking leave during school time. The Application for Extended Leave – Travel is available from the office. A Certificate of Extended Leave – Travel will be issued if the leave is approved. Please note that parents are responsible for supervision of children whilst on extended leave.
Letters are being issued to students who have been arriving early to school. **Please note that supervision of students does not commence before 8:30am in the morning.** Out of hours care is now available in our New Hall. If you require this service please contact Cubbyhouse on 1300 553 583.

**Keeping Our Students Safe – Road Safety**  
Flashing lights have been installed at the front of the school to remind drivers to slow down to 40km in the school zone during school days. We are also very fortunate to have two Crossing ladies who assist in getting our students across the road safely.

Second Avenue is a very busy road. The traffic has increased substantially due to university and TAFE students returning. The road is also currently being used as a detour for Caddens Road which is closed.

Please take extra care when dropping off and picking up your child/children at the start and end of the day. It only takes a split second for a tragedy to occur. Please obey the traffic rules when parking and use the crossing.

Please also teach your child/children the importance of using the crossing and not walking through the staff car park which is out of bounds to all students at all times. We need to lead by example and work together to keep our students safe.

**General Permission to Publish**  
A note has been sent home in regards to general permission to publish. Please read the note and return it completed and signed to your class teacher if you have not already done so.

**Skoolbag App**  
The app is free and is available to iPhone, iPad and Android users. Some of the key features of the Skoolbag app include push notifications, email, newsletters and GPS Directional Mapping. As the newsletter is now available on the app, we will no longer be sending hard copies home. A limited number of hard copies will be available at the office and the newsletter can also be accessed on the schools website.

There has been a recent software upgrade so please check if you have the latest version of Skoolbag App.

**Cubbyhouse Out of School Hours Care Service**  
Cubbyhouse offers an out of hours school care service in the New Hall each school day. Please contact Cubbyhouse directly for more information and to enrol your child/children on 1300 553 583.

**Communicating with Staff**  
If you have any issues or concerns in regards to your child’s schooling and wish to speak to your child’s class teacher or the Assistant Principals supervising the Stage or myself, please contact the office to make an appointment time. Please speak to the class teacher before speaking to the Assistant Principal or myself as we will refer you to the class teacher if you have not already spoken to them.

Please be aware that teachers are extremely busy during the school day and may be attending meetings before or after school. It is really difficult to get a class settled in the morning if there are parents trying to speak to the teacher.

**Excursion Notes**  
Please note we do not accept hand written notes or verbal permission for excursion or other school events. **A school permission note for each child must be completed for every excursion and or special event.**
Early Arrivals
Please be aware the morning duty begins at 8:30am. Students are not supervised before this time. Please do not send your children to school before this time. If children need to be dropped off early, please organise before school care. Cubbyhouse OSHC can be contacted on 1300 553 583.

Running Late?
Please pick up your children promptly at 3pm if you collect them from school. If you are running late or have been delayed, please notify the school as soon as possible. Many children become distressed when parents are not there to pick them up at the end of the day. Children can be picked up from the office.

Are Your Contact Details Current?
Please let the office know in person or in writing if your contact details have changed including emergency contact details. If your child is sick or we need to contact you for any reason, it can be really difficult if the numbers are not current.

Out of Hours After School Care Services off the School Site
If your child attends an After Care Service off the school site please contact the Centre directly if your child is not attending on the day. Some parents decide to pick their children up or vary their after school arrangements without notifying the After School Care Centre or our office. Executive staff are then required to spend a lot of time trying to find these ‘missing’ students. Your support in this matter would be greatly appreciated.

Lost Property/Clothing Pool
Each term we have lots of lost property. Please label your child’s hats, bags, jumpers, lunch boxes and drink bottles. Lost property is located in the brick building closest to the entrance and exit gate. Due to hygiene issues, lost lunch boxes and drink bottles without names will be disposed of.

The P&C operates the Clothing Pool each Tuesday from 8:45am until just after 9:00am in the brick building located nearest to the front entrance of the school. Items can be purchased for a gold coin donation.

Medical Conditions
If your child/children have any medical conditions that the school should be made aware of such as Anaphylaxis or Asthma please contact the school office immediately and provide them with their health care plan if you have not already done so.

Anaphylaxis
An increasing number of our students are being diagnosed with Anaphylaxis. Anaphylaxis is the most severe form of allergic reaction and is potentially life threatening. It must be treated as a medical emergency, requiring immediate treatment and urgent medical attention.

Anaphylaxis is a generalised allergic reaction, which often involves more than one body system (eg. skin, respiratory, gastro-intestinal, cardio vascular). A severe allergic reaction usually occurs within 20 minutes of exposure to the trigger and can rapidly become life threatening.

Common triggers include food such as peanuts, tree nuts, sesame, milk, eggs, fish, crustaceans and soy are the most common food triggers, which cause 90% of allergic reactions. It is important to understand that even trace amounts of foods can cause a life-threatening reaction. Other triggers include insect stings, medication or such things as latex.

We ask for your support and request that all students do not bring to school any nut products or foods that contain traces of nuts. This includes birthday cakes, cupcakes, doughnuts and lollies.
If you would like more information about Anaphylaxis or have a child who has this condition and you have not notified the school, please contact the office immediately.

**Early Stage 1 & Stage 1 Students – Change of Clothes**
If your child is in Early Stage 1 or Stage 1 could you please ensure that you have a change of underpants and shorts in your child’s bag in case of a toileting accident or wet weather. We have a very limited supply available at school and we would appreciate your support in this matter.

**Voluntary Contribution**
Each year families are asked to pay a voluntary contribution. The voluntary contribution is $40 per child or $70 per family. Thank you to those families who have already paid their contribution. Your support is appreciated.

**Mobile Phones and Electronic Devices**
We discourage students from bringing mobile phones to school unless they are in the Opportunity Classes and they are travelling from another area to the school. Mobile phones must be handed in to the office each morning turned off and picked up at the end of the day. If you need to get a message to your child/children please contact the office.

Electronic devices are not to be brought to school. Please note that the school takes no responsibility if a student brings an electronic device to school and if an electronic device is lost or stolen.

**Bikes and Scooters**
Students are able to ride their bikes and scooters to school. These must be chained to the bike rack during the school day. A helmet must be worn at all times that the student is riding his or her bike or scooter to and from school. The school takes no responsibility for bikes or scooters brought to school.

**Keeping Our Students Safe**
Help us to keep our students safe by not walking your children through the car park or driving into the car park. The car park is for staff parking and deliveries only. The car park is out of bounds to all students at all times.

Please be aware that Traffic Rangers will be patrolling outside the school both in the mornings and afternoons issuing infringement notices for traffic violations.

**Dogs in the School Grounds**
The Companion Animals Act 1998 – Sect 14 states that dogs are prohibited from school grounds. Please do not bring your dogs into the school grounds as many students are frightened of dogs and we are trying to keep all students safe.

**School Website**
The school has a fabulous website that parents can access for further information about the school including permission notes and the school newsletter. Thank you to Mrs Fox who maintains the website. The website address is [http://www.kingswood-p.schools.nsw.edu.au](http://www.kingswood-p.schools.nsw.edu.au)

**P&C - Making a Vital Contribution to Our School**
The next P&C Meeting will be held on **Tuesday 23 June 2015** at 2:00 in the staffroom. All parents and carers are most welcome to attend.

Norma Petrocco
Principal
SRC Salvation Army Wear Red Day Fundraiser
Tony from the Salvation Army has telephoned to say they were very grateful for our fantastic effort raising $435.20 from our Wear Red Day last Friday and they would like to congratulate everyone who supported this very worthwhile fundraiser!

2015 Kingswood Public School Debating Team with Penrith South Public School Debating Team and adjudicator Mr Richard Tong from Sydney University.

Voluntary Contributions 2015
Child’s Name/Names: ______________________________________________

Class/es: _____

Enclosed (please tick):

☐ $40 per child (one child in family)

☐ $70 per family (2 or more children)

Signed: ___________________________ Date: ______________
Kingswood Public School
Parents & Citizens Association

Cup Cakes

KINGSWOOD CAFÉ
Tuesday 16th June
2:00pm to 3:00pm

Please join us for afternoon tea at the inaugural KINGSWOOD CAFÉ – Famous for our Cup Cakes
In the old school hall
Family and Friends welcome

Coffee & Cup Cake or Tea & Cup Cake

$4

All monies raised will go toward purchasing three interactive whiteboards for the students
Dear Parents and Caregivers,

This year Kingswood Public School is building on the major planting and school beautification program started in 2014. We would appreciate assistance from the Kingswood community to prepare for the School’s Tree Planting Day on the 17th of July 2015 and to assist with other planned gardening projects.

There will be a Working Bee from 9am Saturday 13th June. We need to dig holes in preparation for students to plant trees, tidy existing gardens, prepare new gardens for student use, build small retaining walls and do a small amount of planting.

At the Working Bee, it is anticipated that you would be assisting with tasks such as moving mulch and soil, digging holes (with hand tools or machinery), preparing new garden beds and weeding.

It would be appreciated if you could bring your own gardening tools such as wheelbarrows, shovels, buckets and gloves as we only have a limited number. Please label any of your personal tools to avoid confusion on the day. Also, could you let us know if you can provide equipment such as a little dingo, hand auger or chain saw.

Tea, coffee and light refreshments will be available on the day, including a BBQ lunch. We will also provide supervised activities in the library for children who will not be helping, e.g. preschoolers.

If you can assist in any way please return the note below to your child’s teacher. We greatly appreciate any help you can provide.

Thank you,

Kingswood Beautification Committee

Name and class of student: ____________________________

Name of parent/caregiver: ____________________________

Contact phone number: ______________________________

- I am willing to help on the day of the Working Bee.

- Name/s of children helping at the Working Bee.

- Name/s of children requiring supervised childcare in the library.

- I can donate/bring the following: ____________________

Norma Petrocco
Principal
ABEL SCHOOLWEAR

Abel Schoolwear has advised that they are experiencing ongoing problems with their telephone and fax lines since their relocation to Unit 1, 5 Coombes Drive Penrith due to problems with the NBNCo.

Calls are currently being diverted to mobile phones and they are trying their best to answer all calls. Please contact Abel Schoolwear via email: abelschoolwear@bigpond.com.au

Abel Schoolwear apologises for any inconvenience as it may be mid to late June before the problems can be fixed by Telstra.

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Kingswood Public School

Starting School Group

Starts July 22nd 2015

Every Wednesday Morning

School Terms 3 and 4

9.15am—11.00am

Is your child starting school next year? Come along to a FREE playgroup that provides children and their families with a gradual introduction to school life.

Art & music

Bring a healthy snack, water and a hat!

Parents stay with their child during the playgroup, and younger siblings are welcome too.

Visits to a classroom

Children not attending Preschool or Child Care have priority of access.

Call the school or Lisa Jackson on 0423 720 492 for more information.
When kids ask “the” questions...

Interrelate has the answers!

Interrelate's high-quality Sexuality and Relationship Education program is coming to your school! With over 35 years' experience in this field, Interrelate has a reputation for providing excellence in sexuality and relationship education. Today, over 40,000 students and family members participate in Interrelate School and Family programs each year.

Many parents find it hard to discuss questions relating to sexuality education. We know how to help break the ice. Interrelate programs are interactive and family focused, and are conducted by highly trained and experienced educators, who adhere to a strict code of ethics.

Session 1: Where did I come from? (1-hour session, years 3-6)
This session educates children more about how their bodies work and the differences between males and females, including their understanding of conception, fertilisation, foetal development and the birth process.

Session 2: Preparing for puberty (1-hour session, years 5-6; years 3-4 at parent's discretion)
This session prepares children and parents/caregivers for the physical, social and emotional changes associated with puberty, and addresses changing emotions and relationships with families and peers.

Interrelate School Services Presents
a Special Evening Program

Family cost*: 1 session $25 per family | 2 sessions $30 per family
*GST exclusive – GST is payable/claimable by the school or organising body

Where: CLAREMONT MEADOWS PUBLIC SCHOOL
When: Tuesday, 16th June 2015
Time: Where did I come from? – 6:00pm sharp | Preparing for puberty – 7:15pm sharp
Specialty books are available for purchase on the night

A Special Evening Program

Name of family: ___________________________________________

No. attending: [ ] Session 1: Where did I come from? [ ] Session 2: Preparing for puberty

Amount enclosed: $ ________ [ ] Cash [ ] Cheque (payable to school)

Tel: (02) 8882 7875 | Fax: (02) 8882 7890
schoolservices@interrelate.org.au
www.interrelate.org.au
There's NO PLACE like **OZ**

**TUESDAY 7TH JULY**

DOORS OPEN 10:00 / 10:30AM START

$10 FOR MEMBERS / $12 FOR GUESTS

Group bookings of over 10 people will also be able to purchase tickets for $10 each

Children under the age of 2 are free

FOLLOW US ON www.stmarysbandclub.com.au
# Canteen Menu 2015

## Sandwiches
- Egg or Egg & Lettuce (G, V, H) $2.00
- Ham or Devon or Chicken Salad add 80c (G, H) $2.70
- Tuna Salad add 80c (G, H) $2.70
- Salad (G, H) $2.80
- Vegemite or Jam or Honey or Cheese $1.70

## Wraps
- Cheese Rocket - Melted Cheese (G) $2.00
- Pizza Rocket - Ham or Chicken, Cheese & Pizza Sauce (G) $2.80
- Kids Chicken Schnitzel & Lettuce Wrap (G, H) $2.80
- Caesar Wrap With Lettuce & Mayo Add Chicken $1 (G) $3.20
- Salad Wrap Add Chicken $1 (G, H) $3.40
- Chicken Breast Schnitzel Wrap Lettuce & Mayo (G, H) $4.00
- Hawaiian Wrap Chicken, Lett, P/aple, Mayo (G, H) $4.20
- Sweet Chilli Wrap Chicken Tenders, Let, Mayo (A, H) $4.00

## Salad Bowls
- Caesar or Garden or Greek Salad Add Chicken $1 (G, V) $3.50
- Salad Bowl, Chicken, Ham, Egg, Tuna or Cheese (G, V) $4.50

## Burgers
- Fish Fillet Burger Lettuce, Mayo (G, H) $3.60
- Chicken Burger 100% Breast, Lettuce, Mayo (A, H) $3.80
- Hamburger Gourmet Beef, Tomato, Lettuce, BBQ Sauce (G, H) $3.80
- Vegi Burger (G, V) $3.80
- Kids Cheeseburger Cheese, Tomato Sauce (A) $2.00
- Cheeseburger Cheese, Tomato Sauce (A, H) $3.60

## Hot Favourites
- Garlic Bread Large Roll (G, H, V) $2.00
- Fish Finger (G, H) $0.70
- Corn Cob (G, H, V) $1.00
- Cup of Noodles Chicken or Beef (G, H) $2.60
- Hot Dog With Sauce (All Chicken Meat Not Pork) (A, H) $2.60
- Chicken Nuggets Premium Breast (A, H) $0.70
- Popcorn Chicken Premium Breast (A, H) $3.00
- Hash Brown (A, H) $1.00
- Potato Wedges With Sauce (A, H, V) $2.00
- Cheese & Bacon Roll (A) $2.00
- Mini Spring Rolls Vegetarian (A, H, V) $0.70
- Nachos Beef Sauce & Cheese (A, H, V) $3.50
- Hot Cakes x2 with Maple Syrup (A, H, V) $3.00

## Pizza & Pasta
- Lasagna (Beef or Vegetarian) (G, H) $3.50
- Spaghetti Bolognese (G, H) $3.50
- Macaroni & Cheese (G, H, V) $3.80
- Butter Chicken & Rice (G, H, V) $3.50
- Fried Rice (G, H, V) $3.50
- Pizza Hawaiian OR Bacon & Cheese (A) $2.60
- Pizza Slab Margherita (A) $3.80

## Recess Snacks Over the Counter Only
- Potato Skins Oil Drizzled Cheese or Salsa (G, H, V) $1.20
- Mini Muffins Homemade with Berries (G, H) $1.20

## Fresh Fruits
- Apple, Orange, Banana, Watermelon (G, V) $0.90
- Fruit Salad Cup (G, V) $1.50
- Grapes in a Cup (G, V) $1.60
- Fruit Salad Bowl Large (G, V) $3.00

## Snacks
- Fruit Nuggets BKB Fruit Gluten Free (V) $0.60
- Jelly Cup Add Fruit 80c (G, H) $1.00
- Popcorn Fresh & Hot (G, H) $1.00
- Yoghurt Vanilla (G, H) $2.00
- Bread Sticks Pizza Flavour (A) $0.20
- Yoghurt Filled Strawberry Bars (A) $0.30
- Jiff's Chicken Crackers (A) $1.00
- Brownie (A, H) $1.00
- Manne Noodles (A, H) $1.00
- Jumps (A, H) $1.20
- Red Rock Chips Honey Soy (A, H) $1.50

## Milk Drinks
- 300mL Choc / Strwbry / Vanilla Oak Fresh (G, H) $2.20
- 600mL Choc / Strwbry / Vanilla Oak Fresh (G, H) $3.50
- Up & Go Choc / Strwbry / Vanilla Breakfast Drink (G, H) $2.50
- Hot Chocolate (A, H) $1.50

## Cold Drinks
- Fimmers 100% Juice 200mL (G, H) $1.50
- Water 350mL (G, H) $1.20
- Water 600mL (G, H) $1.60
- Orch 350mL Fresh Juice Apple or Orange (G, H) $2.20
- Appletiser 250mL Sparkling Apple Juice 99% (G, H) $2.20
- Diet Lemonade No Artificial Colours or Flavours 300mL (A, H) $1.50
- Quench Flavoured Mineral Water 350mL (A, H) $2.20
- Slushie 200mL (A, H) $1.50
- Slushie 285mL (A, H) $2.00
- Glee 250mL Assorted Flavours Sparkling Juice (A) $2.20

## Ice Blocks
- Frozen Fruit Yoghurt (G, H) $2.50
- Jelly Sticks (A) $0.20
- Fruitee Ice (A) $0.50
- Zupper Doper (A, H) $0.80
- Sour Snap Apart (A) $1.00
- Ice Money (A) $1.20
- Paddle Pops (A, H) $1.60
- Pie & Sausage Roll Low Fat
- Party Pie (A, H) $1.00
- Sausage Roll (A, H) $1.00
- Meat Pie Traveller (A, H) $3.60
- Potato Pie (A, H) $3.80

## Crunch & Dip Special Order Before School
- Apple, Orange or Banana + Bottled Water 350mL (G, H, V) $1.80

## Extras
- 20c Cheese Tomato Beetroot Cucumber Carrot 40c Pineapple

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**Monday**

**Steamed Dumplings**
- Prawn (4 Per Serve) **$4.00**

**Tuesday**

**Sushi Rolls**
- Tuna or Chicken or Vegie **$3 Regular $5 Large**

**Wednesday**

**Hokkien Noodles**
- Chicken & Carrot **$3.80**

(G) Green - (A) Amber - (V) Vegetarian - (H) Halal
These advertisers support us, please support them:

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**LEARN TO SWIM**
KEEP YOUR CHILD SAFER THIS SUMMER
Review the LAYERS OF PROTECTION around water
BE AWARE: watch your child and always be in arms reach
BE SECURE: check the back yard for water hazards
BE CONFIDENT: attend regular swimming lessons
BE PREPARED: emergency plan in place
Call our friendly team now on 4733 2840 or visit
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